



3 Day Itinerary

Day 1

06:30 – 07:00
07:00 – 08:30
08:30 – 10:30
10:30 – 12:00

Collect golfers from their accommodation houses*
Welcome Breakfast – Introduction to **Tour Pro Expeditions**
Club Fit and Launch Monitor testing of equipment
Long Game Lesson (Full Swing)

Long Game-

- * **Technique Analysis (Grip/Ball position/Alignment)**
- * **Video Analysis**
- * **How to create consistency**
- * **Shot routines (pre & post)**

12:00 – 13:00
17:00 – 18:00
18:00 – 18:30

Lunch and Tee off for 18 holes with PGA Professional (Course Management)
Drinks/Nibbles. Recap of day. Relax....
Transfer to Accommodation house*

Day 2

08:30 – 09:00
09:00 – 11:00

Collect golfers from their accommodation houses*
Pitching Lesson

Pitching -

- * **Technique lessons/demonstrations**
- * **Distance control inside 100 metres**
- * **The purpose of using different loft wedges**
- * **Trajectory control, playing in the wind**

11:00 – 12:00
16:00 – 17:00
18:00 – 18:30

Lunch and Tee off for 18 holes with PGA Professional (Course Management)
Drinks/Nibbles. Recap of day. Relax....
End of day transfers to accommodation houses*

Day 3

07:00 – 07:30
07:30 – 10:00

Collect golfers from their accommodation houses*
Short Game Clinic – Concentrating on putting, bunker play and chipping around the green.

Putting -

- * **How to perfect your stroke**
- * **Distance control**
- * **How to read greens**

Bunker Play -

- * **How to Set up to a bunker shot (address)**
- * **How to control flight trajectory and length**
- * **Negotiating different lies in the sand (buried, uphill, downhill)**

Chipping -

- * **Explain/demonstrate different chipping techniques**
- * **When to use each club and which technique to use**
- * **Demonstrate drills to improve your greenside scoring**

10:00 – 11:00
15:00 – 16:00
16:00 – 16:30
16:30 – 18:30
18:30 – 19:00
19:00 -

Lunch and Tee off for 18 holes with PGA Professional (Course Management)
Drinks/Nibbles. Recap of day. Relax....
End of day transfers back to accommodation houses*
R&R, prepare for dinner
pick up transfer for dinner
Dinner / Presentations and Thank-you
Transfers Home*

